

Wellbeing Service Contact Details:

Wellbeing Services Manager
Doncaster Mind
27 - 29 Netherhall Road
Doncaster
DN1 2PG

Telephone: 01302 812505.

email: office@doncastermind.org.uk



Volunteering within the Wellbeing Service

www.doncastermind.org.uk

Reg. Charity Number 1141145
Company No. 07433894



What is the Wellbeing Service?

Based in Doncaster on Netherhall Road, it offers a combination of drop in and open access sessions, activities, self help groups, short courses and information about mental health conditions and services. We also offer wellbeing services in Mexborough at various community settings.

We help people suffering from mental distress to access appropriate support, either from ourselves or other agencies to aid their recovery and manage their mental health and well-being with the aim of having a fuller life.

What volunteering roles are available?

We have a number of volunteering opportunities within our Wellbeing Service.

These roles include:

- reception duties
- administrative tasks
- supporting the Social Cafe and activity groups
- co-facilitating training sessions
-

We also have a volunteering opportunity for an experienced handyman.

What do we want from a volunteer?

We are looking for volunteers who are friendly and reliable, and display honesty and integrity. As there are a number of different volunteering opportunities within the Wellbeing Service we are looking for volunteers with different skills, role descriptions are available giving more details.

We welcome people who have an understanding or experience of mental health problems - although this is not essential, as training will be provided.

What are the benefits of becoming a volunteer?

- Training
- Experience
- Being part of a team
- Opportunities for further learning
- Expenses

How do I apply?

Application forms and role descriptions are available on our website or can be requested from the Wellbeing Services Manager (Contact details on back page)