

SOCIAL ENTERPRISE

THE V CAFÉ is a social enterprise project. Any profit made is reinvested in the following ways;

Free breakfast for pupils who leave home in the morning without eating.

Funding to support low cost breakfasts for pupils and Staff

Funding for the VProject@Buxton

Investing in Buxton Schools Operating License to offer the Duke of Edinburgh's Award Scheme. We are an "Award Centre" as a result.

The students who run the Café are all participants in the VProject@Buxton and some are completing their Volunteer and Skill Sections of the Duke of Edinburgh's Award in the process.

"A social enterprise is an organization that applies commercial strategies to maximize improvements in human and environmental well-being, rather than maximising profits for external shareholders. Social enterprises can be structured as a for-profit or non-profit, and may take the form of a co-operative, mutual organization, a social business, or a charity organization"



THE V CAFÉ

Buxton School
Leytonstone
E11

VProject@ BUXTON

THE V CAFÉ

BREAKFAST MENU

&

PRICE LIST



For morning delivery service please order by 8am.
Call Ext. 258 to place your order.

Email breakfast@buxtonschool.waltham.sch.uk

BREAKFAST AT THE V CAFÉ



The VProject@Buxton 2013

Research shows us that healthy breakfasts significantly improve educational outcomes for pupils, in particular in English and Science. A Children's Food Trust study has shown that children in schools are 3 x more likely to concentrate in the classroom following healthy eating habits.

“A poor diet has significant effects on children's behaviour, concentration and mood. Children with diets lacking in essential vitamins, minerals and essential fatty acids tend to perform worse academically, cannot concentrate and are more aggressive.”

Children's Food Trust (2009): “School Lunch and Learning”

Children's Food Trust, School Lunch and Learning Behaviour in Primary Schools: an intervention study (September 2007)

Healthy School Meals and Educational Outcomes: Institute for Social and Economic Research: January 2009

MENU & PRICE LIST

EAT IN, TAKE AWAY & DELIVERY MENU



Fixed Price Breakfast £1.00

Beans on Toast x 2, Cereal and fresh fruit juice £1.70
(FSM £1.50)
Best of both or Wholemeal bread

Scrambled eggs on toast x 2, cereal and fresh fruit juice £1.70
(FSM £1.50)
Best of both or Wholemeal bread

Beans on Toast x 1, Scrambled eggs on toast x 1, Cereal and fresh fruit juice £1.70
(FSM £1.50)
Best of both or Wholemeal bread

Toasted bagels with Jam & Butter £1.00

Extra toppings :
Tomatoes, Cheese, Onion 10p extra
Smoked Salmon 25p extra

Hot Chocolate 50p each

Coffee
Tea
Cappuccino
Café Latte

Fresh fruit juice
Bottled Water (Frozen on request)
Yazoo (strawberry/Chocolate)
List your product or service here
Include description if necessary.

Mango & Orange smoothie bottle 50p

Coffee or Tea 50p
Fairtrade ground coffee

Toast with jam & butter x 2 50p
Wholemeal bread

TOASTIES
Toastie Sandwich with cheese £1.00

Extra toppings :
Tomatoes, Onion 10p extra

Beans in toastie sandwich £1.10

Scrambled eggs in toastie sandwich £1.00

Pasta 80p
Cereal Bars 50p

Snack a Jacks 50p

Sunbites 50p

Dried Fruit bags 40p

Crackers & Butter 25p

Belvitas 40p

Fruity Pots—Pineapple, Peach & Pear 60p
or Mandarine

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