

SOCIAL ENTERPRISE

THE V CAFÉ is a social enterprise project. Any profit made is reinvested in the following ways;

Free breakfast for pupils who leave home in the morning without eating.

Funding to support low cost breakfasts for pupils and Staff

Funding for the VProject@Buxton

Investing in Buxton Schools Operating License to offer the Duke of Edinburgh's Award Scheme. We are an "Award Centre" as a result.

The students who run the Café are all participants in the VProject@Buxton and some are completing their Volunteer and Skill Sections of the Duke of Edinburgh's Award in the process.

"A social enterprise is an organization that applies commercial strategies to maximize improvements in human and environmental well-being, rather than maximising profits for external shareholders. Social enterprises can be structured as a for-profit or non-profit, and may take the form of a co-operative, mutual organization, a social business, or a charity organization"



THE V CAFÉ

Buxton School
Leytonstone
E11

VProject@ BUXTON

THE V CAFÉ

BREAKFAST MENU

&

PRICE LIST



For morning delivery service please order by 8am.
Call Ext. 258 to place your order.

Email breakfast@buxtonschool.waltham.sch.uk

BREAKFAST AT THE V CAFÉ



The VProject@Buxton 2013

Research shows us that healthy breakfasts significantly improve educational outcomes for pupils, in particular in English and Science. A Children's Food Trust study has shown that children in schools are 3 x more likely to concentrate in the classroom following healthy eating habits.

“A poor diet has significant effects on children's behaviour, concentration and mood. Children with diets lacking in essential vitamins, minerals and essential fatty acids tend to perform worse academically, cannot concentrate and are more aggressive.”

Children's Food Trust (2009): “School Lunch and Learning”

Children's Food Trust, School Lunch and Learning Behaviour in Primary Schools: an intervention study (September 2007)

Healthy School Meals and Educational Outcomes: Institute for Social and Economic Research: January 2009

MENU & PRICE LIST

EAT IN, TAKE AWAY & DELIVERY MENU



Fixed Price Breakfast	£1.00	Coffee or Tea	50p
		Fairtrade ground coffee	
Beans on Toast x 2, Cereal and fresh fruit juice	£1.70		
	(FSM £1.50)	Toast with jam & butter x 2	50p
Best of both or Wholemeal bread		Wholemeal bread	
		<u>TOASTIES</u>	
Scrambled eggs on toast x 2, cereal and fresh fruit juice	£1.70	Toastie Sandwich with cheese	£1.00
	(FSM £1.50)	Extra toppings :	
Best of both or Wholemeal bread		Tomatoes, Onion	10p extra
		Beans in toastie sandwich	£1.10
Beans on Toast x 1, Scrambled eggs on toast x 1, Cereal and fresh fruit juice	£1.70	Scrambled eggs in toastie sandwich	£1.00
	(FSM £1.50)		
Best of both or Wholemeal bread		Pasta	80p
		Cereal Bars	50p
Toasted bagels with Jam & Butter	£1.00	Snack a Jacks	50p
		Sunbites	50p
Extra toppings :		Dried Fruit bags	40p
Tomatoes, Cheese, Onion	10p extra	Crackers & Butter	25p
Smoked Salmon	25p extra	Belvitas	40p
		Fruity Pots—Pineapple, Peach & Pear	60p
Hot Chocolate	50p each	or Mandarine	
Coffee			
Tea			
Cappuccino			
Café Latte			
Fresh fruit juice			
Bottled Water (Frozen on request)			
Yazoo (strawberry/Chocolate)			
List your product or service here			
Include description if necessary.			
Mango & Orange smoothie bottle	50p		

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